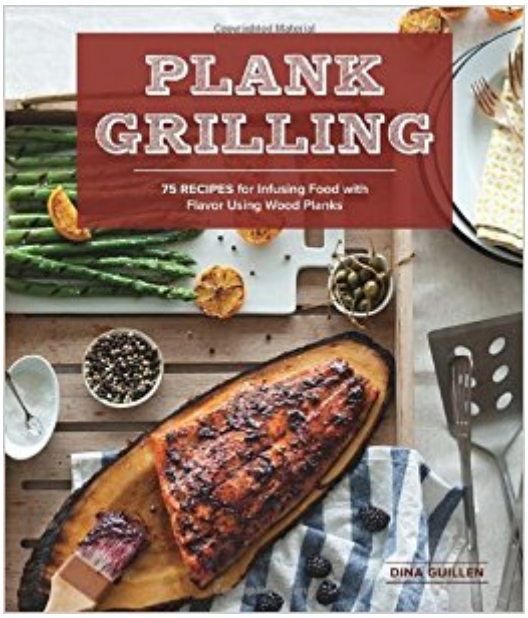
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Plank Grilling: 75 Recipes For Infusing Food With Flavor Using Wood Planks



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Synopsis

Use alder, hickory, maple and cedar grilling planks for grilling fish or get creative and make the perfect wood-fired pizza with this versatile cookbook. Grilling with cedar and other flavorful wood planks imparts a wonderful smoky infusion to all kinds of dishes with crowd-pleasing results. Learn how to use wood planks to make smoky homemade bacon, caramelized Butternut Squash and Apple Soup, and flavorful Rack of Lamb with Rosemary Pomegranate Sauce. Filled with color photography throughout, this cookbook explains the basics of plank grilling, such as how to prepare wood planks, as well as how to get the most out of cedar, alder, hickory, and maple planks in 75 versatile recipes.

Book Information

Paperback: 176 pages

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Product Dimensions: 7.3 x 0.5 x 8.5 inches

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Average Customer Review: 4.7 out of 5 stars 39 customer reviews

Best Sellers Rank: #56,536 in Books (See Top 100 in Books) #67 inÃ Â Books > Cookbooks, Food & Wine > Outdoor Cooking > Barbecuing & Grilling #256 inÃ Â Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional

Customer Reviews

"Currently gaining more and more prominence among chefs and foodies, plank grilling has been around for centuries, points out Guillen (Cooking Club: Great Ideas and Delicious Recipes for Fabulous Get-Togethers), noting that cedar wood has long been used by Native Americans to impart seasoning. Here, she elaborates on that concept, showing home cooks how to use wood planks in a number of settings to impart unique flavors. Using only a handful of woods (cedar, alder, oak, cherry and maple), Guillen uses them to great effect, showing readers how to whip up everything from beet hummus and classic Scotch eggs to barbecue chicken pizza, DIY bacon and flank steak stuffed with artichokes and brie. ...the majority of the dishes (pizzaÃ¢â ¬â„¢s a favorite, as is fish) are practical and doable, provided readers have a reliable source of untreated wood. Her instructions on the mechanics of plank grilling are sound, to-the-point without being patronizing yet

specific enough to ensure consistency and success even among novices. Grillhounds and smoke lovers (not to mention woodworkers and lumberjacks) will find a lot of ingenuity here." Ã¢â ¬â •Publishers Weekly"The Plank Grilling Cookbook is an outstanding introduction to the innovative cooking style focused on the creatively culinary use of the wood plank. Featuring wonderfully delicious and easy-to-prepare recipes ranging from Beef Tenderloin Steaks Topped With Butter Spread; Gorgonzola And Spinach Chicken Rolls and Chicken, Artichoke, And Sun-Dried Tomato Panini, to Salmon Fillets With Mango, Peach, And Pineapple Salsa; Hot And Spicy Duck Breasts; and Beef Tri-Tip Roast With A Cherry Tomato Festival, The Plank Grilling Cookbook provides readers with recipes for a series of tasty and appetizing dishes. Enhanced with color photography, The Plank Grilling Cookbook is very highly recommended for all readers who are searching for new and different approaches to evening and weekend cookouts.Ã¢â ¬Â• Ã¢â ¬â •Midwest Book Review Ã Â "Plank Grilling Ã¢â ¬â œ 75 Recipes for Infusing Foods with Flavor Using Wood PlanksÃ Â is the perfect cookbook for a grill plank beginner or even an intermediate planker like myself."Ã¢â ¬â •The Harried Mom"This newÃ Â Plank Grilling cookbook by Dina GuillenÃ Â gives recipes ideas for cooking on a plank that IÃ¢â ¬â„¢d never thought of before like the peach, proscuitto pizza with arugula or the tri tip rubbed with chocolate or espresso."Ã¢â ¬â •Grill Grrrl"Dina Guillen has a great new cookbook out thatÃ¢â ¬â„¢s perfect for your al fresco dining plans" Ã¢â ¬â •SacFoodies

DINA GUILLEN is a marketing consultant and cookbook author. She has been a talk-show host and producer for the CBS affiliate in Fresno, California. She lives in Folsom, CA.

Glad I finally started plank grilling. I have been barbecuing for awhile and always trying new recipes. Since I have tried plank grilling, I can say that some of the things I have made on the planks have turned out better than I have ever made before. It doesn’t say in the recipes but I prefer to sear the food when it is about finished on each side for a minute or so. Everything on the planks turns out very moist and delicious but I also like having a crisp outside on my food.

Just what I was looking for. Book explains the differences in woods, what goes good on what. Discusses soaking, pre-heating, toasting the plank etc. Recipes include Salmon Chowder, Halibut, Talipia, Salmon, Pork Tenderloin & Chops, Lamb, Chicken, Beef..... covers them all.

Best cooking with seasoned planks!

Lots of great recipes. Haven’t Plank Grilled as yet, but soon. Can’t wait!

Bought this cookbook as a gift for my brother who loves to grill. He was SO excited that he made dinner for his family and I using one of the recipes and it was to DIE for! This is a great gift for any guy who loves plank grilling!

Great

Fabulous recipes with very easy to follow instructions. This books also give very good advice on how to use the wood planks.

Gives great taste to grilled food. Easy to use

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